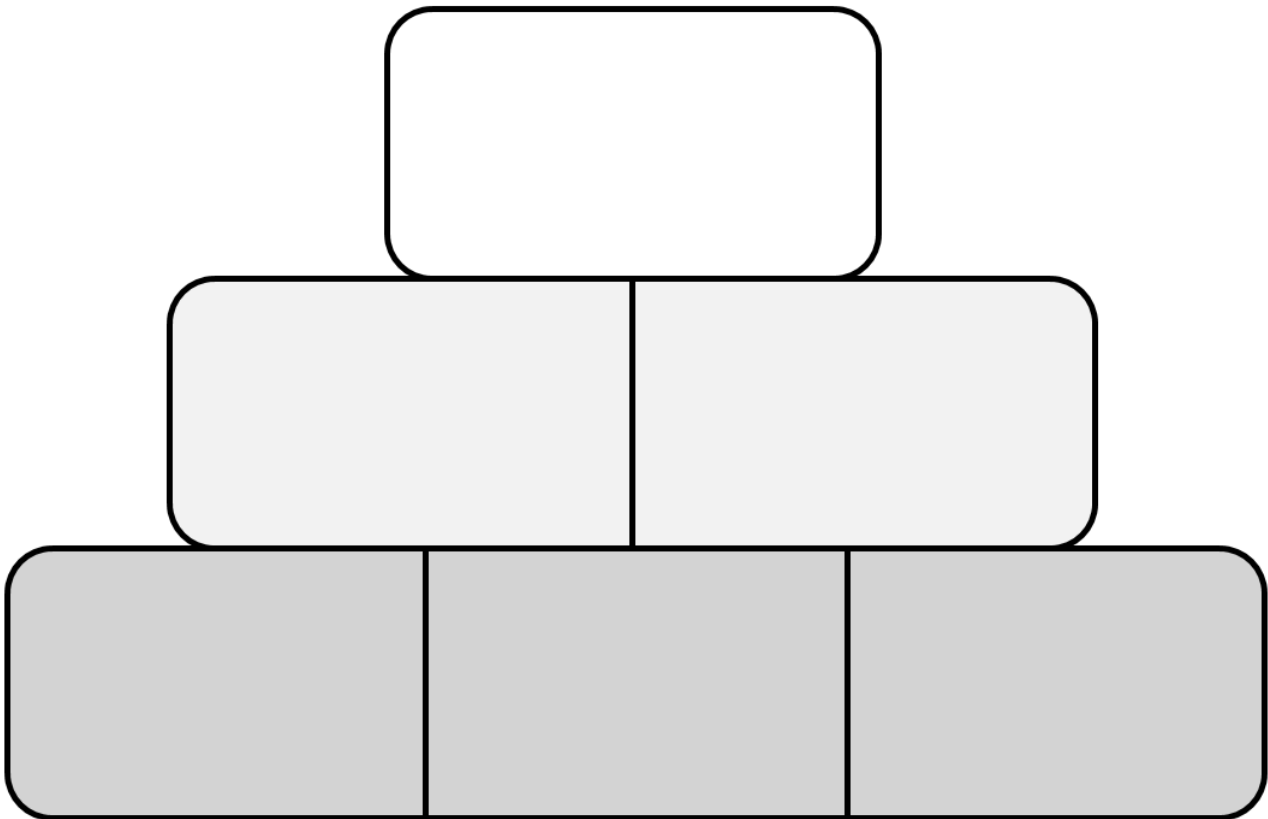


My Goals

Fill out the diagram below to help you with your goal-setting.



How to fill it out (starting from the top):

- 1) Your one big goal that you want to achieve
- 2) Two smaller goals that will help you build towards your big goal
- 3) Three small goals that cover how you will go about achieving the bigger goals

Keep this sheet somewhere visible, such as on your fridge, the front of a school exercise book, or by your desk.